



MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

Report on

Student Exchange Program

Between

Prabhat Kumar College

&

Mugberia Gangadhar Mahavidyalaya

**Venue- Dept. of Nutrition, Mugberia Gangadhar
Mahavidyalaya**

Date- 04.05.2023

Organized by

Dept. of Nutrition

Mugberia Gangadhar Mahavidyalaya

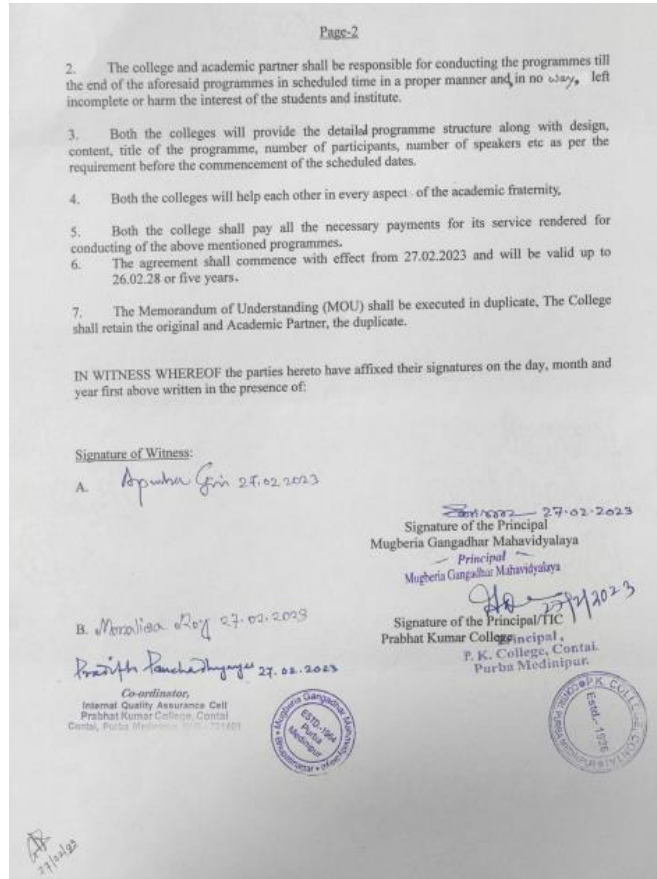
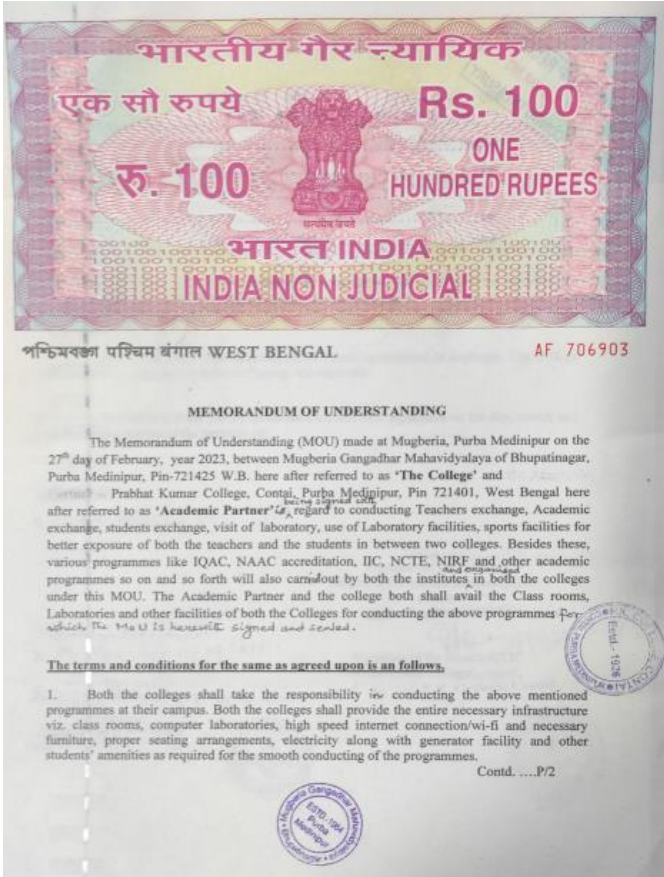
Report prepared by Ayan Mondal, Assistant Professor, Dept. of Nutrition,
Mugberia Gangadhar Mahavidyalaya

Student Exchange Program is an excellent opportunity for the students to get an education in a new environment, get acquainted with the environment and culture of the new college, and build social and intellectual skills. In addition, it can give students good expanding of their horizons of understanding and learning. In simple terms, a student exchange program offers the opportunity to learn something in new environment. Students can use the assistance of their home institution to study in foreign institutions or colleges for a limited period. Here, exchange refers to the opportunity for students to attend another college or university, while the host college students can do the same.

Student Exchange Program

Guest- Prabhat Kumar College (No. of students participants – 19)
Host- Mugberia Gangadhar Mahavidyalaya

1. MOU between Mugberia Gangadhar Mahavidyalaya and Prabhat Kumar College



2. Invitation to students of Prabhat Kumar College to attend Student's Exchange programme at Mugberia Gangadhar Mahavidyalaya

5/27/23, 1:36 PM Welcome to Rediffmail: Inbox

rediffmail Mailbox of mugberia_college

Subject: Re: Proposal for one day lab visit with demonstration of some practical and career counseling programme under student exchange program of NAAC (3.5.1)

From: Amit De <principal@pkcollegecontai.ac.in> on Tue, 25 Apr 2023 14:46:40
To: Swapan Mishra <mugberia_college@rediffmail.com>
Cc: Prabhat Kumar <pkcollege.contai@gmail.com>

Thank you for your mail Sir, also I am informing to the HOD of Nutrition Dept
With Warm Regards,
Principal
P.K.College, Contai,
Purba Medinipur, W.B.
Pin-721404

SAVE PAPER - THINK BEFORE YOU PRINT- SAVE EARTH

This e-mail and any attachments may contain confidential and privileged information. If you are not the intended recipient, please notify the sender immediately by return e-mail, delete this e-mail and destroy any copies. Any dissemination or use of this information by a person other than the intended recipient is unauthorized and may be illegal.

On Tue, Apr 25, 2023 at 12:44 PM Swapan Mishra <mugberia_college@rediffmail.com> wrote:

Sir,

With reference to the MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Prabhat Kumar College dated 27.02.2023, our Institution Mugberia Gangadhar Mahavidyalaya would like to propose a student exchange program in Dept. of Nutrition under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition). We are cordially inviting 6th Sem. students of Nutrition (Honours) and one Faculty member from the same Department of your college for the one day lab visit with demonstration of some practical under student exchange program of NAAC (3.5.1). In this program students will experience with few practical from the domains of Nutrition, Physiology, Microbiology and Food Technology. Besides a career counseling programme will be arranged for the benefit of the final year students.
Consent from you in this regard is expected at the earliest.

Thanking You
With Regards
Dr. Swapan Kumar Misra
Principal
Mugberia Gangadhar Mahavidyalaya
NAAC accredited (3rd Cycle) Institution
A College with Potential for Excellence (CPE)
DBT Star College Award recipient
Bhupatinagar, Purba Medinipur, 721425
website : www.mugberiangangadharmahavidyalaya.org

3. Program on the day

A. Department visit

B. Welcome Address by Principal

C. Laboratory visit and demonstration of following practical

1. Fat and SNF testing of Milk
2. Hemoglobin testing, Blood group determination
3. Ascorbic acid testing
4. Demonstration of Spectrophotometer
5. Estimation of microbial count of any food sample (SPC, coliform, yeast and mold) through plating method).
6. Sensory evaluation hedonic scale, Discussion of several Subjective and objective test
7. Demonstration of Muffle furnace (Ash test), carbonated drinks, diet chart
8. Demonstration of Hot air oven (Moisture test)
9. Demonstration of refractometer (Jam preparation)
11. 2nd year PG students-Demonstration of selected 5 dissertation topic.

D. Career counseling program

Practical class taken by-

1. Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)
2. Mrs. Moumita Samanta (State Aided College Teacher, Dept. of Nutrition, MGM)
3. Ms. Pranati Bera (State Aided College Teacher, Dept. of Nutrition, MGM)
4. Mrs. Keya Dash (State Aided College Teacher, Dept. of Nutrition, MGM)
5. Mrs. Rikta Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
6. Mr. Tanmoy Kumar Giri (State Aided College Teacher, Dept. of Nutrition, MGM)
7. Mr. Prabir Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
8. Miss Monalisa Roy (Assistant Professor, Dept. of Nutrition, MGM)
9. Mrs. Sucheta Sahoo (State Aided College Teacher, Dept. of Nutrition, MGM)
10. Miss. Sruti Mandal (Assistant Professor, Dept. of Nutrition, MGM)
11. Mr. Ayan Mondal (Assistant Professor, Dept. of Nutrition, MGM)
12. Mr. Khokon Chandra Gayen (Assistant Professor, Dept. of Nutrition, MGM)
13. Mr. Prabal Kanti Das (Lab Attendent, Dept. of Nutrition, MGM)

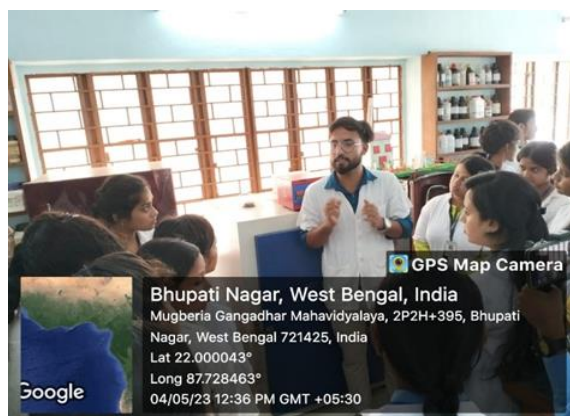
Career counseling program taken by-

Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)

Some photos of student exchange program



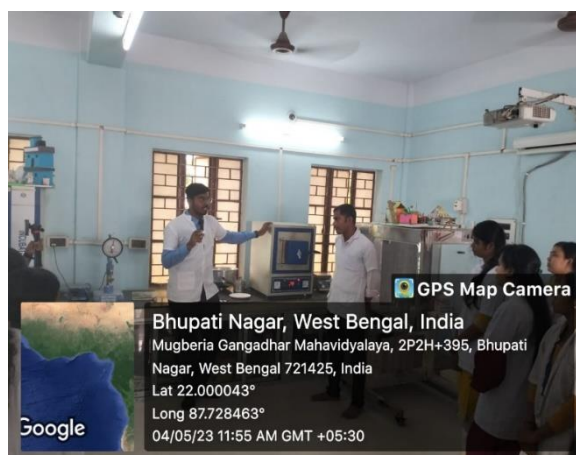
Welcome speech by Dr. Swapan Kumar Misra, Principal of Muberia Gangadhar Mahavidyalaya



Determination of moisture and Demonstration of Hot air oven by Ayan Mondal, Assistant Professor, Dept. of



Jam preparation and demonstration speech by Biswajit Das, Scholar, Dept. of Nutrition



Determination of minerals content by Subrata Ghosh, M.Voc 2nd sem student and Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition



Estimation of microbial count of food sample by Sucheta Sahoo and Sruti Mandal, Assistant Professor, Dept. of Nutrition



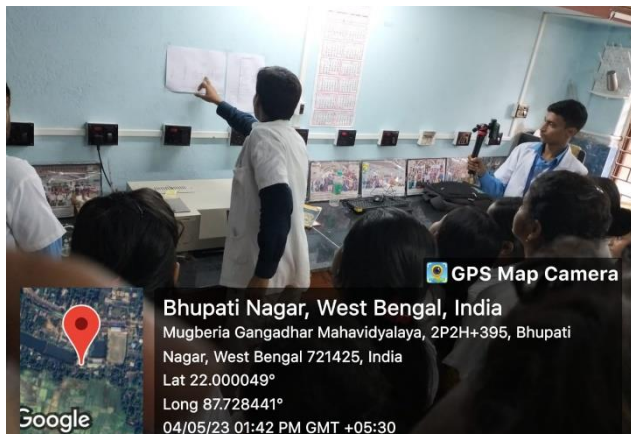
Speech about development of functional cookies by Suraj Das, M.Voc 4th sem student, Dept. of Nutrition



Determination of sensory evaluation of a food product (hedonic scale) by Poushali Chowdhury, M.Voc 4th sem student and Monalisa Roy, Assistant Professor, Dept. of Nutrition



Hemoglobin testing, Blood group determination by Moumita Samanta, Assistant Professor, Dept. of Nutrition



Determination of Spectrophotometer by Tanmoy kumar Giri, Assistant Professor, Dept. of Nutrition



Speech about development of functional product by Puja Bhunia, M.Voc 4th sem student, Dept. of Nutrition



Doing meditation by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Group photo of visited students (Prabhat Kumar College) and 12 Assistant Professor, 1 Lab Assistant, 1 Assistant Professor and Head, Dept. of Nutrition , Mugberia Gangadhar Mahavidyalaya.

4. Attendance of participated students

Pravat Kumar College				Pravat Kumar College			
Sl. No.	Name	whatsapp No.	Email ID	Guardians Name & Contact No.	Address	Signature	
1	Supriya Das Subanya Das	9064747857 8918890855	dsupriya093@gmail.com Subanya.das2282006@gmail.com	Alison Kumar Das Bhandara Das 9930222150	Dikara Adabania, Basantia, Contai Biswanatapur, Contai	Supriya Das Subanya Das	
2	Suchana Adak Amisha Das	9883985252 9339294610	adakuuchana88@gmail.com amishadadai2003@gmail.com	Kanakanti Adak 8116910949 Suchana Das +914062337	Ukilechak, Maehinda Kumiruda, Maehinda	Suchana Adak Amisha Das	
3	Sanya Fatta	8918217467	sanyafatta@gmail.com	9635130822 Saudhan Fatta	Karpura, Manishda	Sanya Fatta	
4	Pranati Das	9822846624	dpranati507@gmail.com	Ashok Das 9475038259	Shiuliban, Manishda	Pranati Das	
5	Sudhechha Das	7602977669	dsudhechha623@gmail.com	Sumita Das 8145014097	Vill+P.O+P.S = Manishda Pin: 721430	Sudhechha Das	
6	Sonali Panja	8167353070	sonalipanja20@gmail.com	Sukumar Panja 973200537	Vill - Santapurna P.S - Mangada P.S - Prasenaga Pin - 721442	Sonali Panja	
7	Neha Mal	9725707595	nehamal2020@gmail.com	Sudhramphul Mal 9725707545	Vill - Majhapuri P.S - Dandubi P.S - Jumbal (Contai) Pin - 721450	Neha Mal	
8	Piyali Mandal	8514872103	Piyalimandal8628@gmail.com	Bubhal Mandal 9722602928	Vill - Kanaidighi P.O - Dikalandan Pin - 721430	Piyali Mandal	
9	Soudrita Mandal	7063222780	Soudrita706@gmail.com	Anita Mandal 816914119	Vill - Turba Khampur - P.O - Deshatabarh P.S - Jumbal Contai Pin - 721450	Soudrita Mandal	
10	Ananya Das	9832870599	ananya.das9599@gmail.com	Goutam Das 979919385	Vill+P.O - Pakshin Bannuria P.S - Jumbal Contai Pin - 721450	Ananya Das	
11	Sukanya Pal	9883134440	Sukanyapal2406@gmail.com	Shatughna Pal 900829452	Vill - Kanaidighi P.O - Dikalandan Pin - 721430 P.S - Manishda	Sukanya Pal	

Pravat Kumar College				Pravat Kumar College			
Sl. No.	Name	whatsapp no	Email ID	Guardians Name and Contact No.	Address	Signature	
14.	Uma Rani Das	6294586579	uma.181319@gmail.com	Maximal Das No. 9738059226	Vill-Japani P.O - Kananda Nimanjan P.S. Manishda Pin - 721449	Uma Rani Das	
15.	Pallabi Haitik	8327072180	Pallabi.haitik945@gmail.com	Prithwinath Haitik 9739564299	Contai, Purba Hadimipur 721101	Pallabi Haitik	
16.	Jayashree Paytra	8509639017	Jayashreepaytra@gmail.com	Mukhi pada Paytra 9732960930	Vill - Samudra Pur P.O - Samudra P.S. - Contai pin - 721401	Jayashree Paytra	
17.	Sudipta Mandal	6438350231	sudipta753@gmail.com	Dipak Mandal 8164483828	Vill - Kanaidighi P.O - Prasenaga Contai - P.S - Manishda - Pin - 721442	Sudipta Mandal	
18.	Rimi Jana	7410669734	Rimi.jana.2002@gmail.com	Amdali Jana 9577638644	Vill - Narvas Bannuria P.O - Nipoupa P.S. - Contai Pin - 721442	Rimi Jana	
19.	Arpan Giri	9007337473	200211arpan@gmail.com	Abish Giri 9439715322	Vill - Ghata P.S. - Contai Pin - 721433	Arpan Giri	
Teacher							
	Uoyita Mitra	7001624828			P.K. College, Contai		

5. Feedback form

Feedback Form
Student exchange program of NAAC (3.5.1)
One day Lab Visit to Nutrition Dept., Mugberia Gangadhar Mahavidyalaya

Full Name Pallabi Maity Mobile number 8327072180

College Name: Contai Prabhat Kumar College

Programme Name: B.Sc (NUTH) B.Voc (FP) Others

Semester: 6th Semester

A. Please answer all questions by circling one out of numbers 1 -5 against each statement.

The number 1 - 5 correspond to the statement:
5 - Strongly agree
4 - Agree
3 - Neither agree nor disagree
2 - Disagree
1 - Strongly disagree

I	The program was timely.	1	2	3	4	5
II	The program was well organized	1	2	3	4	5
III	The program was useful to strengthen practical knowledge	1	2	3	4	5
IV	Experienced some new practical	1	2	3	4	5
V	Demonstration of the instruments were easy to understand	1	2	3	4	5
VI	Teachers explained the practical in very lucid language.	1	2	3	4	5
VII	Atmosphere of the Lab	1	2	3	4	5
VIII	Atmosphere of the Department	1	2	3	4	5
IX	Atmosphere of the college	1	2	3	4	5
X	I recommend this program to be continued.	1	2	3	4	5

B. How do you evaluate your overall Visit?

Very good Good Satisfactory Poor Very poor

C. State two important experiences that had been gained from the lab visit:

1) Different types of instrumental knowledge.
2) Food moisture taste.

D. What is your review on the session held on career counseling?

Career Counseling programme is very much influence
me to take decision in ^{my} future study. Thankyou
all sirs & students in this department. We are thankful.
we gain more practical knowledge.

E. Give some suggestions to improve the visit experience:

Overall good.

Pallabi Maity

6. Certificate



[NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);
Star College, DBT (Gol)]

(Affiliated to Vidyasagar University)
Vil+PO-Bhupatinagar, Dist.- PurbaMedinipur,
West Bengal, Pin-721425, Phone: 03220-270236;
e-mail: mugberia_college@mail.vidyasagar.ac.in; mugberia_college@rediffmail.com

From :*The Principal/Secretary*
MugberiaGangadharMahavidyalaya

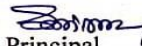
Dated:04.05.2023

TO WHOM IT MAY CONCERN

It is certified that as per MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Prabhat Kumar College dated 27.02.2023, and invitation mail dated 25.04.2023 following nineteen6th Sem. students of Nutrition (Hons) and Prof. Joyita Mitra of Dept of Nutrition, Prabhat Kumar College, attended one day lab visit with demonstration of some practical and career counseling programme in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) under student exchange program of NAACon 4th May, 2023 from 10:00 am to 4 pm.

I wish all the success of their future career.

SL No.	Name	SL No.	Name
1	Supriya Das	11	Soudrita Mandal
2	Sukanya Das	12	Ananya Das
3	Suchana Adak	13	Sukanya Pal
4	Anisha Dalai	14	Uma Rani Das
5	SreyaPatta	15	PallabiMaity
6	Pranati Das	16	Jayashree Payra
7	Subhechha Das	17	Sudipta Mondal
8	SonaliPanja	18	Rumi Jana
9	Neha Mal	19	Arpan Giri
10	Piyali Mondal		


Principal 4.05.2023

Mugberia Ganagadhar Mahavidyalaya

Principal
Mugberia Gangadhar Mahavidyalaya